



## Lincoln Community Larder

If you would like to donate foodstuffs etc, the following list provides a guide to the most needed and suitable items.

### Tins

Baked Beans	Spaghetti
Meats	Stews
Sausages	Poultry
Tuna	Sardines
Vegetables	Fruit
Puddings	Custard

### Jars

Salad Cream	Ketchup
Jams	Honey
Cook-in-Sauces	Peanut Butter
Coffee	Meat Paste

### Marmite

### Packets

Tea bags	Coffee
Sugar	Rice
Custard powder	Puddings
Pasta shapes	Noodles
Cereals	Instant Mashed Potato
Cup-a-Soups	Savoury Rice
Pasta'n'Sauce	Porridge Oats

Please note that as most of our clients are single people, it helps if you keep the pack size small – 500g is sufficient. Also, while shopping, why not consider giving the “free” half of a “Buy One Get One Free” to the Larder?

## HOW YOU CAN HELP

- Regular donation of money (Gift Aided if possible!)
- A fund-raising event  
Some University Students did a sponsored Car Wash for us.  
Lincoln District Scouts had a “Larder Raid”
- Christmas Cards – in the office, rather than everyone buying a card for each of their colleagues, each pin ONE card on the notice-board (to everyone), and give the money saved on cards and postage to the Larder. (One such effort gave us £100 for Christmas 2007!)
- When shopping, “Buy One Get One Free” – and give the free one to the larder – there is a list of our most popular items available.
- Many Churches and Schools give us their produce at harvest time.

Donations can be accepted at the Larder between 1.30 & 2.30 pm on Tuesdays and Fridays (near 2.30 is most convenient). If your donation is large, please call to arrange a convenient time to leave it.

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